

Department of Sport and Recreation NEWSLETTER

THE COMPETITIVE EDGE ~ MARCH 2024

Bermuda Sanshou Association



Bermuda contingent at Phoenix Wushu Nationals

Athletes from the Bermuda Sanshou Association returned to the island with 13 medals from the Phoenix Wushu Nationals held in Phoenix, Arizona, March 16 & 17.

Kaelin Cox claimed two gold and three silver medals in taolu (forms).

Meanwhile, there were gold medal wins in sanda [Chinese kickboxing] for Krista Dyer, Kallan Todd, Quennel Robinson, Enzi Johnston, Geraldine Sidders, Tristan Robinson, Jonathan Trott, and Muryah Swan.

Dyer, Todd, and Quennel Robinson won their respective weight divisions; Johnston, Sidders, Trott, Swan, and Tristan Robinson were uncontested in their weight categories. Accompanying the team to Phoenix were coaches Garon Wilkinson, Cyril Whitter III, and Che Beane, and judges Dwayne Cox and Nolette Webb.



Bermuda Sanshou Association Cont'd



Medal winners at Phoenix Wushu Nationals

Kaelin Cox Taolu Results

Xiangxing Quan (Animal Styles) – **1st place**

Other Southern Style Hand Form – **2nd place**

Optional Southern fist – **2nd place**

Optional Broadsword – **1st place**

Optional Southern Staff – **2nd place**

San da Results

Geraldine Sidders lost to Samantha Knight **2-0**

Krista Dyer defeated Mengyao Li **2-0**

Kallan Todd defeated Francisco Lazano **2-0**

Tristan Robinson drew with Kainao Torbert **1-1**

Quennel Robinson defeated Alejandro Luera by **TKO**

Muryah Swan lost to Alexi Gracia by **TKO**

Tristan Robinson lost to Athena Cheng **2-0**

Muryah Swan defeated Samantha Knight **2-1**

Enzi Johnston lost to Alexis Garcia by **TKO**

Jonathan Trott defeated Derek Wheeler **2-1**

National Archery Association of Bermuda

Bermuda Archery Development Championship

The St. George's Community Centre was the host location for our Indoor Tournament, and we were pleased to have 20 archers signed up to shoot this event held on the 16 March 2024. The ages ranged from 8 to 60+ shooting either a Recurve, Compound, Barebow or Genesis bow. Each archer shot 60 arrows for a maximum score of 600. The Yeoman and Bowman archers shot at 9 meters and all other divisions shot at 18 meters.

Coach Ross Roberts said, "With the indoor season coming to an end, we were pleased with the number of archers that attended the event. These events provide the elite archer competition practice for their upcoming international events, the developing archer exposure to competition and the recreational archer an opportunity to get out and enjoy their chosen sport. A few national records were broken, and new records were set. Congratulations to all the participants and a special thanks to the NAAB Committee and Volunteers. Thanks, are also extended to our Sponsors – Rustico, Ziebart Bermuda, BAC, One, BELCO and Trip Ltd who have supported us over the years."

National Archery Association of Bermuda cont'd



Participants of the NAAB Indoor Tournament

Final Results

Genesis Yeoman Female:

Scarlet deRoulet – 356/600 (New National Record previous record 354/600 Scarlet deRoulet 2023)

Genesis Yeoman Male:

1st Ethan Aldersberg – 393/600 (New National Record)

2nd Finn Skinner – 390/600

3rd Owen Davis - 354/600

Genesis Bowman Female:

Aurora Bowers – 308/600 (New National Record)

Genesis Bowman Male:

1st George Esterhuysen – 472/600 (current National Record previous record 481/600 Oliver deRoulet 2023)

2nd – Oliver De Roulet - 117/600

Recurve Cub Male:

Braeden Fraser – 390/600 (current record 412/600 Jaydon Roberts 2016)

Recurve Junior Male:

1st Jaydon Roberts – 547/600. (current Record 559/600 – Jaydon Roberts 2022)

2nd – Jordan Peterkin – 291/600

Recurve Junior Female:

1st Robin Selley 533/600 (current Record 561/600 – Robin Selley 2024)

2nd Elektra Smith – 440/600

Barebow Senior Male:

Calvin Randy Burgess – 396/600 (current record 437/600 – Calvin Randy Burgess 2022)

Senior Recurve Male:

1st Camerin Pickering – 564/600 (current record 567/600 Camerin Pickering 2022)

2nd Bernard Wade – 563/600

3rd Robert O'Connor – 452/600

Masters Compound Male:

1st William Pickering - 565/600 (New National Record previous record 549/600 William Pickering 2022)

2nd David Semos - 291/600



42ND ANNUAL SPORTS AWARDS

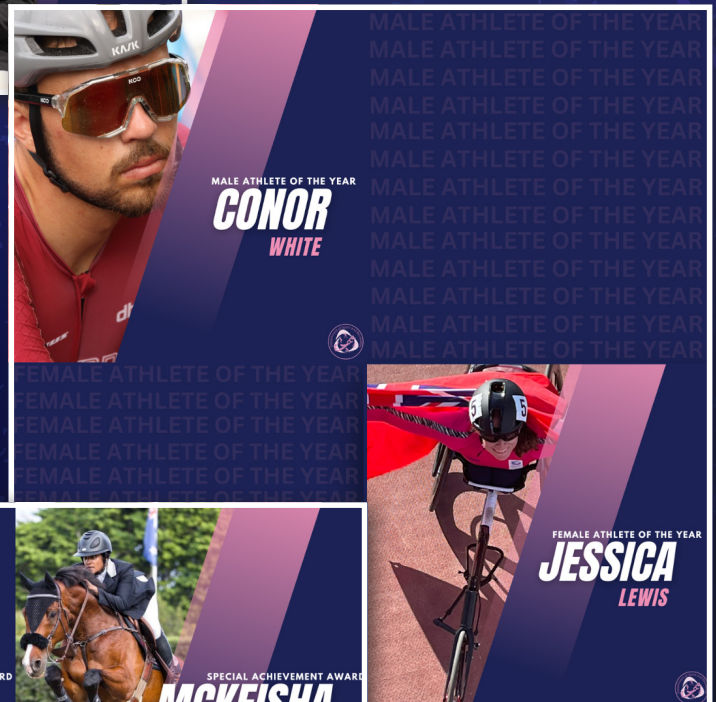
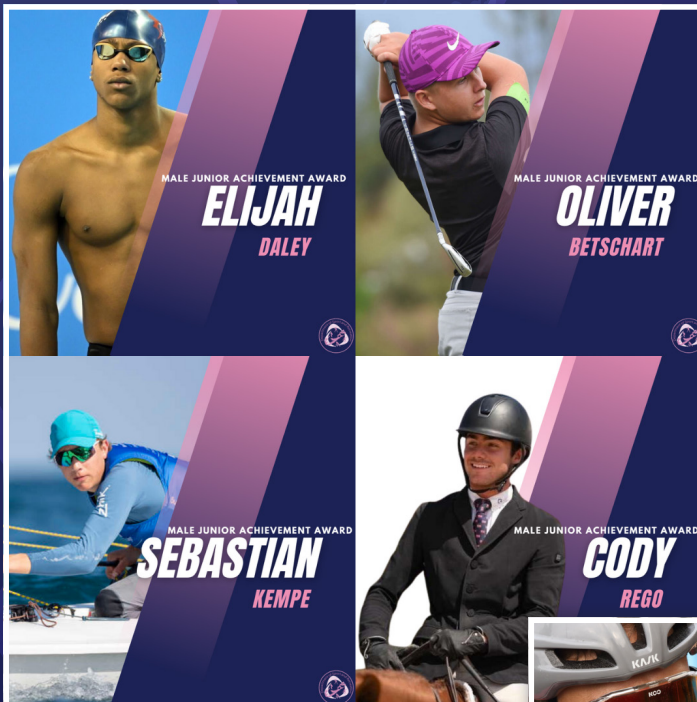




WINNERS!



WINNERS!



Bermuda Karate Federation

Celebrating Excellence: Talia Iris Voted Vice President of Bermuda Karate Federation

In a momentous celebration of International Women's Day on March 8, 2024, the Bermuda Karate Federation (BKF) proudly honored Talia Iris, renowned as Bermuda's most decorated female karate athlete. With a remarkable journey spanning over 30 years, Talia Iris has dedicated herself to training and competing, both locally and internationally, leaving an indelible mark on the karate community.

Serving as a distinguished instructor at the Bodhiarma Zenji Ryu Karate Dojo, Talia Iris shared her wealth of knowledge and unwavering passion for martial arts with aspiring practitioners. Her tireless pursuit of excellence and steadfast commitment to karate have earned her widespread admiration and respect from peers and students alike.

During the recent 2023/2024 Annual General Meeting (AGM) of the BKF, Talia Iris achieved yet another milestone in her illustrious career. In a historic moment, she was unanimously elected as the Vice President of the Bermuda Karate Federation, marking her as the first woman to hold this prestigious position. Her election signifies not only her outstanding leadership qualities but also acknowledges her invaluable contributions to the karate community.

In her remarks following her appointment, Talia Iris expressed profound gratitude for the opportunity to serve as Vice President of the BKF. She underscored her commitment to leveraging her position to champion and empower the next generation of karateka, encouraging them to make a meaningful impact both locally and globally.

As International Women's Day was commemorated, the Bermuda Karate Federation extended heartfelt congratulations to Talia Iris, recognizing her as a trailblazer and an inspiration for women in karate and beyond.

Below: Talia Iris



Bermuda Rugby Football Union

BERMUDA CELEBRATED THE THRILLING RETURN OF THE BERMUDA INTERNATIONAL 7S TOURNAMENT

Hamilton, Bermuda – In its 7th year, the much-anticipated Bermuda International 7s Tournament electrified the National Sports Centre in Bermuda on March 15 & 16, showcasing an impressive roster of rugby talent from both college and high school teams across the US, along with a special exhibition from Bermuda's very own rising stars.

The annual tournament made its return this weekend, drawing rugby enthusiasts to witness the high-octane action over two exhilarating days. The event featured a College Division, including teams such as the Bermuda Rugby All Stars, Dartmouth I, Dartmouth II, Iona University, Iowa State I, Iowa State II, Norwich University, Rowan University, Saratoga U23, and UHSP. The High School Division spotlighted the Bermuda All Stars, Beyond Rugby, and Bondurant Blue Plague (HSB), promising a display of budding talent and future rugby stars.

Bermuda's collegiate team was led by player-coach Hadleigh Tucker, supported by BRFU Director of 7s Jonathan Cassidy, while U23s Coach Christopher Naylor headed up Bermuda's high school teams. An added highlight of this year's tournament was an exhibition game featuring Bermuda's promising U12 and U14 talent, headed up by coaches Rob Steinhoff and Conor McGlynn, as they prepared for their upcoming international tour, offering a glimpse into the future of Bermuda rugby.

Stephen Siano, President of Seven Sports & Rugby, expressed his excitement about the tournament, stating, "The Bermuda International 7s has always been a showcase of exceptional rugby talent, and this year was no exception. We were thrilled to welcome back teams and spectators to what proved to be a spectacular display of skill, sportsmanship, and competition."

This year, American collegiate coaches not only closely monitored their own squads in the competition but also cast their gaze toward the talented young athletes from the Beyond Rugby



programme who aspired to play at the college level. These coaches recognized the potential for discovering emerging talent that could benefit their teams, leading to the prospect of offering scholarship opportunities to standout players.

This heightened interest underscored the importance of the tournament as a platform for Bermudian athletes to showcase their skills and possibly secure educational and athletic advancements in the United States. Previous scholarship recipients included Nathaniel Morgan, Keonte White, and Alex Doyling.

Gemma Godfrey, President of the Bermuda Rugby Football Union, shared her enthusiasm, saying, "Hosting this annual competition was a great honor. The Bermuda International 7s is not just a tournament; it's a celebration of rugby's spirit and the close-knit community it fosters. We were excited to show our guests the warm hospitality Bermuda is known for and watch our young talent shine on the international stage."

The event was proudly partnered with the Royal Bermuda Regiment, Goslings, Southampton Rangers, and Rugby. These partnerships underscored the community's support for the event and its contribution to promoting rugby in Bermuda.

Spectators were encouraged to come down to the National Sports Centre to support Bermuda and enjoy the thrilling matches. A variety of vendors were on-site, offering delicious food and drinks throughout the event. The full tournament schedule and results can be viewed here: <https://www.urugby.com/2024-bermuda-sevens/full-schedule>.

About the Bermuda International 7s

The Bermuda International 7s Tournament is an annual event that brings together collegiate and high school rugby teams from the US to compete in Bermuda. The tournament is a key event in the rugby calendar, celebrated for its competitive spirit, international camaraderie, and showcasing of emerging talent, with the potential for scholarship opportunities for Bermuda's rising stars.

TOP RIGHT AND BELOW: Bermuda International 7s



Pickleball Association of Bermuda

Bermuda has been well-represented by a contingent of islanders competing at the APP Miami Pickleball Open! This is a Premier Event with the Gold finishers going straight to Nationals! Over 1200 participants from around the world!

Sue Chiappa (and Massi Furlan (Italy)) is bringing home the GOLD in the 3.5: 55+.

Gavin Manders & Ben Jones (USA) won the SILVER in the 4.5+ division for 19+.

Mark Cordeiro and Eddie Anderson just missed a podium finish (men's doubles 5.0, 55+) and Mak Cordeiro and Marina Anderson (USA) are playing in the semi-finals at publication.

PAB Programme Updates BERMUDA NATIONAL TEAM

Open Trials were held March 17, 2024. Over 35 players were evaluated to be considered in various divisions. (6-29, 30-39, 40-49, 50-59, 60-69, 70+). Game knowledge and the ability to compete regionally were considerations.

This initiative marks a significant step toward representing Bermuda in regional and international competitions, with structured competitions and open play sessions facilitating comprehensive player assessment. We may be the first in the region to develop criteria for national representation in Pickleball. Stay tuned for updates.

PAB Board & Committees

Thank you to the volunteers who have agreed to serve. Members will be announced in April!

The WER Joell Stadium now has lighting facilitates and four new courts!

These court enhancements enable night play and the capacity to meet the growing demand for accessible and available use.

Thank you to the 60+ players who joined us to celebrate the new lights and new courts!

Junior Pickleball

We have hosted a successful Junior Open House event, drawing approximately 40 children from across the island. This initiative, targeting ages 8-14, has significantly contributed to fostering youth interest in pickleball and laying the groundwork for future talent development.

New to Pickleball? Intro and Beginners Coaching Sessions at WER Joell continue

The PAB still offers weekly one-hour coaching sessions on Saturdays at 11am at WER Joell Stadium. Thanks to the recently certified Pickleball coaches and experienced players who have been volunteering as coaches!



Sue Chiappa and Massi Furlan won Gold at APP Miami



Gavin Mander and Ben Jones won Silver at APP Miami Pickleball



Bermuda Equestrian Federation



It is with deep sadness that the Bermuda Equestrian Federation shares of the passing of Michael Cherry - former President of the Bermuda Equestrian Federation.

Born to Horace and Winifred Cherry on 3rd of September 1937, Mr. Cherry grew upon in Northamptonshire upon a farm used for growing

crops and raising cattle. As the farm had five plough horses, Mr. Cherry (affectionately known as Papa Cherry or Mr. C.) was introduced to horses at an early age. Although he never took up equestrian sport, little did he know that his farm experience would stand in good stead for his commitment to the Bermuda Equestrian Federation and its members.

After having served in the Royal Air Force as well as the Leicester City Police Force, Mr. Cherry arrived in Bermuda on 6th July 1959, to join the Bermuda Police Force. He remained on the force through to 1968 when he switched careers and became the co-owner of Watlington and Conyers.

Mr. Cherry met and married the love of his life, Anne. The couple married on 1st September 1961. They were blessed with daughter Lesley, son Dennis and four granddaughters and two grandsons. Both Dennis and Lesley are themselves accomplished athletes. Lesley represented Bermuda in swimming regional competitions whilst Dennis became an accomplished equestrian representing Bermuda in three-day Eventing as well as rugby; the latter of which Mr. Cherry thoroughly enjoyed together with sailing and squash.

One could say that it was Mr. Cherry's interest and support in his children's sports that led to him embracing various sporting roles, including technical and public relations for swimming and equestrian events. In addition, Mr. Cherry held various positions with the Bermuda Olympic Association and was President of the Bermuda Equestrian Federation for 20 years; positions he held with great commitment and unwavering dedication.

Mr. Cherry was Bermuda's representative for the Federation Equestre Internationale (FEI). The FEI establishes the regulations and approves equestrian programs at Championship, Continental, Regional Games as well as the Olympic and Para Olympic Games. During his tenure as BEF President, Mr. Cherry represented Bermuda at 15 FEI General Assemblies. At the 2015 General Assembly, FEI President Ingmar de Vos presented Mr. Cherry with the FEI Badge of Honour for his dedicated service.

Mr. Cherry, together with wife Anne, have been the backbones of the BEF - managing administrative and governance duties as well as assisting with preparation before, during and after BEF events. The "Cherry Team" were often the first to arrive and the last to leave horseshows. Mr. Cherry was dedicated to promoting Bermuda's equestrians.

The Bermuda Equestrian Federation extend its deepest condolences to Mr. Cherry's family as well as Bermuda's equestrian community.



Bermuda Equestrians Compete in the Grand Caraipe Tour Held in Martinique

Bermuda equestrians Tyler James, Kayla Bardgett and Kimoy Cruickshank recently competed in the Grand Caraipe Tour held in Martinique on 17th and 18th February.

The Grand Caraipe Tour is a prestigious internationally renowned show jumping event highlighting exceptional equestrian talent amongst the southern Caribbean nations of Suriname, French Guyana, Martinique, and Guadeloupe. Recognizing the potential to offer a platform to foster inter Caribbean exchanges, the competition has included other nationals within the region.

Indeed, more than 100 athletes from eight countries including Antigua and Barbuda, the Bahamas, Bermuda, French Guyana, Guadeloupe, Jamaica, Martinique, and Suriname competed in three jumping levels on Martinique based horses dedicated especially to the competition.

The Bermuda team, as well as the Bahamas Team, rode under the guidance and coaching of Bermuda Grand Prix rider Raishun Burch and FEI Official and CEA President, Heidi Shelley Mello.

The fourth and final leg of the 2023/24 Grand Caraipe Tour will be held in Guadeloupe from 8th – 12th May 2024. The Bermuda competitors described it as a wonderful experience that provided an opportunity to test their skills and to meet equestrians from various competing countries.

DHPC Harness Racing Season closes with a golden Victory for “Special Gold”

Driven by veteran driver Kiwon Waldron and owned by Lee and Sergio Raynor, Special Gold closed out the 2023/24 DHPC Racing Season by winning the coveted Champion of Champions. This fearless team secured top placings in three of four races to claim the fastest combined average in the four-race series held at the National Equestrian Center over the 9th and 10th March weekend. In second place was Double Time owned and driven by Candyce Martins.

Winning the “Time Bar” class (1.06 – 107.4) was Smart Machine (Smarty) owned by Belhaven Stables and expertly driven by Candyce Martins. This concludes the 2023/24 Harness racing season.



Winner the “Time Bar” class (1.06 – 107.4) Smart Machine owned by Belhaven Stables and driven by Candyce Martins



Champion of Champions Winner Special Gold - Driven by Kiwon Waldron and owned by Lee and Sergio Raynor



Coach Raishun Burch, Tyler James, Kayla Bardgett, Kimoy Cruickshank and CEA President Heidi Shelley Mello

Bermuda Amateur Swimming Association

2024 CARIFTA RESULTS

Boys 11-12	Girls 13-14	Boys 13-14	Girls 15-17	Boys 15-17	Girls 18 and over	Relays
Rory Shepherd: Bronze medals in 50, 100 and 200 backstroke- (total 3)	Katherine Wheddon: Silver medal in 200 Freestyle - (total 1)	Connor Hupman: Gold medals in 50 Backstroke and 200 IM, Silver medals in 100 Backstroke, 100, 200 and 400 Freestyle and Bronze in 50 Freestyle - (total 7)	Marleigh Howes: Bronze medal in 200 Freestyle (total 1)	Elijah Daley: Gold medal in 200 Butterfly, Silver medal in 200 and 100 Backstroke and Bronze medal in 50 Butterfly - (total 4).	Madelyn Moore: Gold medals in 50 Butterfly and 50 Backstroke and Bronze medal in 50 Freestyle. (3) Logan Watson-Brown: Gold medal in 100 Backstroke and Silver medals in 50 Backstroke and 100 Freestyle (3)	Girls 15-17 Relays: Silver medal in 4 x 200 Free Marleigh Howes, Bella Howes, Adriana Argent and Katherine Wheddon (1)

Bermuda Total Medals Total = 23



Bermuda Bicycle Association

CONGRATULATIONS to all our 2023 outstanding members:

Thank you to those who attended last Sunday's prize giving to support our award winners.

- **Most Improved Junior:** **Skye Ferguson**, whose remarkable progress and confidence shone through in her performances both locally and at the Caribbean Junior Road Championships where she showed a lot of commitment and determination clawing her way back three times in the road race after being dropped by the leaders.
- **Most Improved Adult:** **Panzy Olander**, who made a significant leap from the back of the pack to challenging the podium in road racing and mountain biking, demonstrating immense growth and determination.
- **Club Person of the Year:** **Greg Hopkins**, for his exceptional contributions in 2023. Greg's dedication as race director, volunteer, promoter of the BBA, and enthusiastic supporter of cyclists has been instrumental in advancing cycling in Bermuda.
- **Race Official of the Year:** **Debbie Titterton Narraway**, recognized for her dedication as a volunteer race official, ensuring the safety and fairness of cycling competitions in Bermuda.
- **Race Organiser:** **Bermuda Rouleurs Cycling Club [BRCC]**, whose innovative course design and collaboration led to one of the favorite courses like the Ronde van Sint George criterium cycling race including the cobbles of Water Street.
- **Junior Cyclist of the Year:** **Annabelle Miller**, showcased her talent by clinching the Bermuda National Junior Road and Time Trial Championship titles. Her remarkable performance at the Commonwealth Youth Games Road race in Trinidad displayed incredible determination as she overcame a mechanical setback to skillfully maneuver through the competition, narrowly missing a podium finish.
- **Female Cyclist of the Year:** **Caitlin Conyers**, raced to victory earning both the Bermuda National Time Trial and Road Race Championship titles. The highlight of her year was the bronze medal at the CAC Games, a testament to her exceptional talent and dedication.
- **Male Cyclist of the Year:** **Conor White**, excelled in cycling with victories at the Bermuda National Criterium Championship, a gold medal at the Caribbean individual time trial, and bronze medals at the Central American and Caribbean Games in El Salvador and the Pan Am Games in Chile. His bronze at the Pan Am Games marked Bermuda's first medal at the event since 2015, adding to Conor's impressive accomplishments and elevating Bermuda's profile in international cycling competitions.

Mountain Bike Season

Robin Horsfield successfully defended his Winners Edge Mountain Bike Cross Country National Championships Men's Open title at Southlands.

Horsfield led from start to finish clocking a time of 58:46.477, Chequan Richardson was second in 1:12:34.518, and Alex Pilgrim finished third stopping the clock in 1:13:58.282.

Panzy Olander clocked a winning time of 49:15.238 in the Women's Open Division, Caitlin Conyers was second in 59:07.140, and Wendy-Ann Thomas finished third clocking 1:00:33.840.



Keon Stevens, Dylan Eiselt, Andrew Thomas and Zach Moniz of the DKDZ team were the top finishing junior men's team



Sanchez Smith, Jens Drea, Makeo Butterfield and Jasper Lau of Team Slipstream, came out on top of the youth category



Matt Boys, Caitlin Conyers, Conor White and Darren Glassford triumphed in the KPMG Bermuda Junior Cycling Team Time-Trial

Kavin Smith won the Masters Class clocking a time of 59:05.091, James Holloway was second in 1:04:20.270, and Hans Hirschi was third in the Division with a time of 1:06:27.819.

Big thank you to the Winners Edge team and all the volunteers who organized and hosted this event. Great ending to the season.

Great and fun start to the season. Big thank you to all the volunteers who came out to support this race. Racing would not be possible without the volunteers. Thank you to Race Director: Peter Dunne, Timing Services: Paget Cycle Centre, Race Official: Nigel Godfrey- Chief Referee, Kemda Bean - Assistant Referee, the start line assistants and all the marshals for keeping riders safe.

Congratulations to our top teams:

Beauty and The Beasts, clinched victory in the Open category in a winning time of 20mins 31sec, more than 90 seconds ahead of the Gnosis/VT team made up of Fabian Schonenberg, Jackson Langley, Corey Brunton and Alan Mooney (22:57).

The podium places were completed by Rhys Pearce, Andrew Charlesworth, Sam Bullen and Kian Wookey, of BRCC Team 2, who finished in a time of 23:21.

Keon Stevens, Dylan Eiselt, Andrew Thomas and Zach Moniz, of the DKDZ team, were the top finishing junior men's team in 24:55, which was good enough for fifth place overall, while the Bermuda Junior Cycling Ladies, made up of Skye Ferguson, Kelise Wade and Corina Bortoli (29:30), were the best placed junior women's team in thirteenth overall.

Sanchez Smith, Jens Drea, Makeo Butterfield, Jasper Lau, of Team Slipstream, came out on top of the youth category, finishing ninth overall in a time of 26:10.

RULES & 2024 SEASON GUIDE

NEW RULE – bikes will be checked at each race, 1H1(d) - relates to the permitted degree of inward angle of the shifter levers to be in compliance with the UCI's rule change. Competitors in road events should expect race officials to check this at each event. For those at home wishing to get a rough idea of whether their levers are afoul of the new rule, they can use the Compass app on their smartphones.

Reminder of Rider Responsibilities (no matter their age).

As a participant in BBA races, riders have certain responsibilities to ensure the smooth running of events, including:

- Must be a paid-up member of the BBA
- Be on time to collect timing chip no later than 15 minutes before published start time and be ready to start when called to the line
- Listen to and follow all instructions provided during the race briefing
- Reminder all BBA members are subject to Anti-Doping Rule and testing
- Read and understand the BBA Rules

LOOKING FOR PHOTOS

We're on the hunt for old pictures and tales from Bermuda's cycling days. Do you have any photos or stories to share about cycling in Bermuda's past? Maybe you've got some cool memorabilia tucked away that we could snap pictures of for posterity?

Please reach out to newsletter@bermudabicycle.org



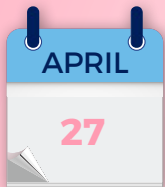


2024 UPCOMING EVENTS



National Archery Association of Bermuda

- **April 7 – 14, 2024** – 3 archers and 2 coaches will be traveling to Medellin, Colombia to attend the World Archery Continental Qualifier for the 2024 Olympic Games from April 7 – 9 and then the Pan American Championships from April 10 – 14. On the April 10, 2024, is World Archery Americas' AGM and the President and Secretary General will be in attendance.



- **April 27, 2024** – National Archery Association of Bermuda's AGM at 9 am.



